Consider Potential Alternative Solutions:  
Change Begins With Me

1. Alter the environment
   - Work consistently in a collaborative team
   - Prepare staff
   - Analyze and prepare physical environment
   - Alter your communication
   - Use visual scheduling
   - Manipulate other antecedents, such as health and transportation

2. Alter the curriculum
   - Address quality of life issues
   - Develop a meaningful and life-referenced IEP
     - Address the four living domains
     - Select and assess activities for the curriculum
     - Make adaptations in the traditional curriculum and materials
   - Collect data to monitor progress
   - Plan for generalization
   - Address individual transition issues

3. Increase skills and adaptations: teach the student new skills
   - Methods for teaching verbal communication
   - Provide other means of communication
     - Use the functional communication training method
     - Use a symbol exchange communication system
     - Teach nonverbal social skills
   - Methods for prediction of events and social expectations
     - Use visual schedules
     - Use social stories
   - Teach in the discrete trial format
   - Teach choice-making skills
   - Teach flexibility